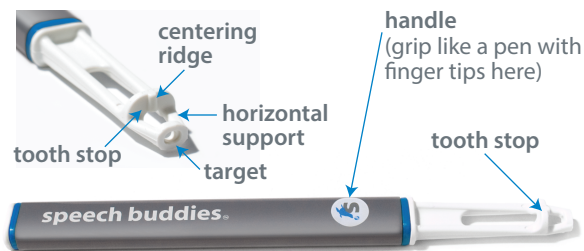


# SEAL INSTRUCTIONS

## GETTING TO KNOW YOUR SPEECH BUDDY™

Give the patient a chance to familiarize themselves with their **Speech Buddy™**. Allow the patient to handle their **Speech Buddy™** themselves, point out the target to them and let them touch it with their finger.

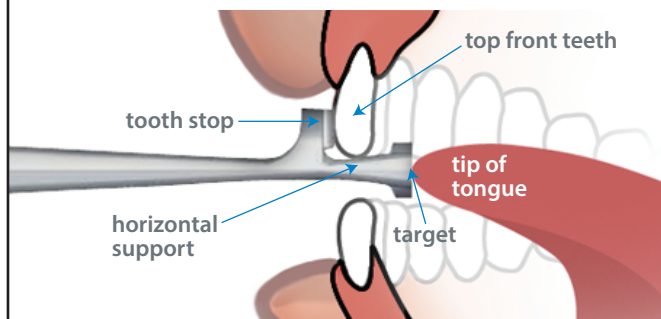


## HOW TO POSITION YOUR /s/ SPEECH BUDDY™

Grip the handle of your **Speech Buddy™** like a pen. Insert the tip of your **Speech Buddy™** into the patient's mouth. Align the tooth stop on the front of the top front teeth while the bottom of the horizontal support is against the bottom of the front teeth.

Ensure that the centering ridge lies between both of the two teeth or that the **Speech Buddy** is centered in the mouth in the case of misaligned teeth.

Push slightly against teeth and use just enough pressure to hold the **Speech Buddy™** in position. Keep the rectangular handle level.



## USING YOUR /s/ SPEECH BUDDY™

The first step towards proper articulation of the /s/ sound is to achieve a correct production of the sound with the **Speech Buddy™** in place. Once the **Speech Buddy™** is in place, confirm that the patient can feel the target with the tip of their tongue. Have them respond with a simple yes or no.

Instruct the patient to first make contact with the target using the tip of the tongue and then to say the /s/ sound while trying to contact the target. In addition, instruct the patient to smile during production of /s/.

Once a correct production has been achieved, alternate prompting consecutive productions with and without the **Speech Buddy™** as needed.

Start first with sounds in isolation, then sounds in simple syllables (e.g. **sa**). Next move to words with the /s/ in initial position (**seal**), medial (**glasses**), final position (**bus**), and finally to phrases.

*clear speech is close at hand*



## SPEECH BUDDY™ IN THERAPY AND AT HOME

Your **Speech Buddy™** has been designed by speech therapists for speech therapists. **Speech Buddies™** can be used in conjunction with your therapist's favored approach for a given patient.

It can also be used by parents. Using the **Speech Buddy™** at home can enable your patient to have more opportunity to practice between therapy sessions and can expedite their learning.

Go to [www.speechbuddy.com](http://www.speechbuddy.com) for more information including a video tutorial.

### WARNINGS

- DO NOT use the **Speech Buddy™** on multiple patients
- DO NOT use if the **Speech Buddy™** or package is damaged

### PRECAUTIONS

- DO NOT allow patient to chew on the **Speech Buddy™**
- DO NOT allow patient to put the handle of the **Speech Buddy™** in his or her mouth
- To wash your **Speech Buddy™**, use mild soap and water or dip quickly in 70% isopropyl alcohol. Rinse thoroughly with water.
- Store in a cool and dry place. DO NOT expose to temperatures in excess of 110°F (43°C) or below 32°F (0°C)

### CONTRAINDICATIONS

- DO NOT use if the patient is missing upper front dentition

### INTENDED USE

- Exerciser, Non-Measuring

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